



# HOST Winter Session 2017

## HOST Winter 2017 Session:

HOST after-school programs through the YMCA offer fun and enriching activities designed to explore hidden talents, promote self-expression, and make new friends. Through classes that range from recreation to experiential education, we provide a dynamic and nurturing environment for your student to learn and grow. We hope that you will join us in HOST this year!

### FEES:

**NO fee for academic programs (and some selective programs)**

**\$75 - \$100 for enrichment and recreation programs**

HIMS HOST families DO NOT pay a Y membership fee

**\*\*Financial Assistance AVAILABLE – Please contact Liz Abbott (Chase) for more info\*\***

### HOURS and LOCATION:

Monday - Thursday, 3:30 – 5:00 PM

Programs occur onsite at Hamilton Int. Middle School and at one off site location.

### DATES:

Monday, January 23<sup>rd</sup>, 2017 – Thursday, March 30<sup>th</sup>, 2017

**Please NOTE: There are NO HOST programs on Early Release Days - 3/22/2017**

### TRANSPORTATION (ASA Bus):

After school activity buses are provided, but NOT ALL areas of Seattle are served by HOST buses. Metro tokens are also available. HOST buses depart HIMS at 5:15pm. When registering your student please indicate their transportation needs. **IMPORTANT: It may take 7-10 business days to assign your student to a bus.** If you have questions about your student's potential route, please contact the YMCA office. **If your student rode the ASA in the fall they do NOT need to sign up for the ASA bus again!**

### HOST Enrollment (if you would like to enroll online):

**HOST enrollment starts on Friday, January 13<sup>th</sup> at 6:30pm.**

Please go to the Hamilton website for ALL information regarding HOST enrollment.

**HOST Registration - <http://tinyurl.com/HIMSHOST-Winter2017>**

### Contact Information:

Liz Abbott (Chase), Senior Director of Education & Leadership  
eachase@seattleschools.org  
206.252.5831

**(FORMS DUE TO YMCA OFFICE IN ROOM 104 – ACROSS FROM MAIN OFFICE)**

Everyone is welcome. Financial assistance is available.

The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.

# HOST AFTER SCHOOL AT HAMILTON INT. MS

2017 Hamilton YMCA HOST Fall Registration Form

**\*\*Classes will not be held on Early Dismissal Days: 3/22317\*\***

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Please list any medical, behavioral, or developmental needs: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Address City, State Zip Code

Email (Required): \_\_\_\_\_ Phone Number (Required): \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

Will you be registering for After School Bus Transportation? Yes: \_\_\_ No: \_\_\_ If YES, please include STUDENT I.D. # \_\_\_\_\_

Will you be registering for a Metro Token? Yes: \_\_\_ No: \_\_\_ If YES, please include STUDENT I.D. # \_\_\_\_\_

**Transportation:**

HOST will have two After School Activity (ASA) buses that serve areas NORTH, NW, SOUTH and SW of HIMS. **NOT ALL AREAS WILL BE SERVED – ASA buses do not travel east of HIMS.** Activity buses are scheduled to depart HIMS at 5:15pm. ASA Buses depart from the bus zone on the east side of Hamilton, and SPED buses depart on the west side of the building. It is your child's responsibility to get on the ASA bus by 4:45pm. The YMCA is NOT responsible for your child getting home if they miss the bus.

NOTE SPS Transportation needs 7-10 business days to assign your student as ASA route. Please look for a conformation letter from the SPS Transportation Dept.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Class Options:</b>  (Check one class per day)	<input type="checkbox"/> Homework Club (FREE) <input type="checkbox"/> Math Academy (FREE) <input type="checkbox"/> Foosball Club (\$15.00) <input type="checkbox"/> Hamilton Fit Club (\$75.00) <input type="checkbox"/> HIMS Newspaper (\$75.00) <input type="checkbox"/> Latin Club (\$75.00) <input type="checkbox"/> Yoga (\$75.00)	<input type="checkbox"/> Homework Club (FREE) <input type="checkbox"/> Chess Club (75.00) <input type="checkbox"/> Cooking Club (\$100.00) <input type="checkbox"/> Drama Club (\$75.00) <input type="checkbox"/> Dungeons & Dragons/Table Top Games (\$75.00) <input type="checkbox"/> Girl's Self Defense (\$75.00) <input type="checkbox"/> Video Game Development (\$100.00) <input type="checkbox"/> Yoga (\$75.00)	<input type="checkbox"/> Homework Club (FREE) <input type="checkbox"/> 8 <sup>th</sup> Grade Homework Club (FREE) <input type="checkbox"/> Mathlete Club (FREE) <input type="checkbox"/> Beginning Drawing (\$75.00) <input type="checkbox"/> Hamilton Fit Club (\$75.00) <input type="checkbox"/> Magic: The Gathering (\$75.00) <input type="checkbox"/> Minecraft (\$75.00) <input type="checkbox"/> Photography (\$75.00) <input type="checkbox"/> Sew and Stitch (\$75.00) <input type="checkbox"/> Yoga (\$75.00)	<input type="checkbox"/> Homework Club (FREE) <input type="checkbox"/> 8 <sup>th</sup> Grade Homework Club (Free) <input type="checkbox"/> Architectural Club (\$75.00) <input type="checkbox"/> HIMS Debate (\$75.00) <input type="checkbox"/> DIY Craft Club (\$75.00) <input type="checkbox"/> Improv Comedy (75.00) <input type="checkbox"/> Hawk Girls Club (\$75.00) <input type="checkbox"/> Martial Arts (\$75.00) <input type="checkbox"/> Yoga (\$75.00)	<input type="checkbox"/> Basketball (8 <sup>th</sup> graders get priority) (FREE)
<b>Bus/Metro:</b>	<input type="checkbox"/> Monday ASA Bus <input type="checkbox"/> Metro Bus	<input type="checkbox"/> Tuesday ASA Bus <input type="checkbox"/> Metro Bus	<input type="checkbox"/> Wednesday ASA Bus <input type="checkbox"/> Metro Bus	<input type="checkbox"/> Thursday ASA Bus <input type="checkbox"/> Metro Bus	(NO ASA BUSES) <input type="checkbox"/> Metro Bus
<b>Cost:</b>	Cost = _____	Cost = _____	Cost = _____	Cost = _____	Cost = _____

Total Amount Due (PLEASE ADD UP TOTAL FROM CLASSES): \_\_\_\_\_

Indicate Payment Method: \_\_\_ Check (Made out to YMCA of Greater Seattle) \_\_\_ VISA \_\_\_ MC \_\_\_ American Express \_\_\_ Cash (exact change)

Card # \_\_\_\_\_ Exp. \_\_\_\_\_ Security Code \_\_\_\_\_

Card Holder Name: \_\_\_\_\_

Card Holder Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Financial Aid - My student will need a: Full Scholarship \_\_\_ OR Partial Scholarship \_\_\_ and I can pay \_\_\_\_.**

(Please check box that applies. Ms. Liz will follow up regarding any other questions she might have.)

**Waiver Agreement - By registering for HOST programs all students and their families agree to the following:**

I give my consent for my student to participate in Hamilton International Middle School Hawks Out of School Time Program being cosponsored by the Seattle Public Schools, Seattle Department of Parks and Recreation and the YMCA of Greater Seattle ("HOST Cosponsors").

I give permission, without limitation or obligation, to the Seattle School District, City of Seattle and the YMCA to use photographs, other media images or voice of my child, or the name of my child, in public displays or media releases. I understand that these photographs will not be sold for commercial purposes. **Yes: \_\_\_\_\_ No: \_\_\_\_\_**

I understand that the school nurse will not be at school during the after school program, and will not be responsible for your child's healthcare needs after school. If your child will need any accommodations, please call the HOST coordinator. I understand that the staff will have high expectations of my child, and they will follow all of the HIMS School rules. Behaviors that students exhibit after school may have consequences during the school day (detention, suspension, etc). I understand that once I have registered my student in HOST activities it is my responsibility to ensure my student attends these programs. HOST staff and volunteers will take daily attendance at each activity, and it is my student's responsibility to be in their assigned activity. I can call the HOST Coordinator to check on their attendance. I have discussed the appropriate behavior with my child and I understand that my child must follow all school rules while in the program, or he/she will face discipline under normal school policy. I release the HOST Cosponsors, their employees, volunteers, agents directors or officers from all liability to my child or to me for any loss or damage to property or injury or death to my child, whether caused by ordinary negligence by the HOST Cosponsors or by others, and I agree not to sue them.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# HOST After School Classes at HIMS

HOST Winter 2017 Sessions: Monday, January 23<sup>rd</sup> – Thursday, March 30<sup>th</sup>, 2017

## MONDAY

**Free - Homework Club** Students receive homework and organizational assistance from HIMS staff and volunteers. Students will have the opportunity to utilize educational online resources when finished w/assigned homework.

**Free - Math Academy** Math Academy is designed to get students up to grade level in the area of mathematics. Students will deepen their understanding of mathematical content by reviewing lessons covered in class. Have one-on-one time with a certified teacher. Students will improve study and homework skills by utilizing helpful strategies and tools and have a supportive and focused environment to finish assignments. **This class is NOT for students in advanced math classes.**

**\$15 - Foosball Club** In Foosball Club students will participate in skill-building, individual, team and tournament team play. Foosball Club will help build skills in team work, competitive play, hand-eye coordination, strategy, communication and social interplay.

**\$75 - Hamilton Fit Club** Students will increase strength, flexibility and team building skills through creative and fun activities. Students will participate in goal setting, age appropriate circuit training, obstacle courses and strength building games! Students of all backgrounds are welcome to join. **NO CONDITIONING EXPERIENCE REQUIRED**  
**\*15 PE waiver hours available through this class\***

**\$75 - The Hamilton Times (School Newspaper)** "The Hamilton Times" is Hamilton's NEW student-run newsletter!! This newsletter will be published/updated as HIMS students report on the happenings in our community. The Hamilton Times has been created to keep students informed on what is going on at school, and in the local community. All articles are brainstormed, researched and written by students. We are looking for students that are passionate about writing, and who value the fact based reporting. **This is your opportunity to be heard and to highlight issues you care about!!!**

**\$75 - Latin Club** Learning Latin, the language of the ancient Romans, offers an enjoyable and engaging way to build strong foundations in English vocabulary and communication skills. Engaging class activities will encourage students to have fun exploring language.

**\$75 - Yoga** HOST Yoga includes students of all abilities in an inclusive setting where students can increase their fitness, wellbeing & overall quality of life.  
**\*15 PE waiver hours available through this class\***

## TUESDAY

**Free - Homework Club** Students receive homework and organizational assistance from HIMS staff and volunteers. Students will have the opportunity to utilize educational online resources when finished w/assigned homework.

**\$75 - Chess Club** The Hamilton Chess Club allows students to get together to play friendly games of chess and to work on their mastery of the game. Chess Club is open to students of **ALL abilities.**

**\$100 - Cooking Club** Roll up your sleeves to prepare classic favorites and nontraditional, trendy dishes. Cooking club is an opportunity for students to experience cooking in a fun environment. **Space is limited so this class is NOT available to students that were enrolled in the 2016 Fall Cooking Club. Class will be on site at HIMS.**

**\$75 - Drama Club** Students will learn how to create characters, design and put together a simple set and create props. Students will also design their characters' wardrobes to match descriptions and personalities.

**\$75 - Dungeon and Dragons/Table Top Games** Students will learn and play a variety of games, with an emphasis on Dungeons and Dragons, a roleplaying and system by the Wizards of Coast. **Students of all levels are welcome!**

**\$100 - Video Game Design & Development(STEM)** Using problem solving and critical thinking to design fun gameplay. You will learn about the multitude of disciplines that go into making a finished game. Subjects include game design, programming/logic, story, animation, graphics, testing, sound and music will all be covered. Working in teams of 2 or 3, you will use a logic based program to

**\$75 - Yoga** HOST Yoga includes students of all abilities in an inclusive setting where students can increase their fitness, wellbeing & overall quality of life.  
**\*15 PE waiver hours available through this class\***

**\$75 - Girl's Self Defense and Internal Strength** Learn self-defense skills that give you confidence in any situation. Build strength and internal energy to be fit and healthy. **\*15 PE waiver hours available through this class\***

## WEDNESDAY

**Free - Homework Club** Students receive homework and organizational assistance from HIMS staff and volunteers. Students will have the opportunity to utilize educational online resources when finished w/assigned homework.

**Free - 8<sup>th</sup> Grade Homework Club** 8<sup>th</sup> graders are invited to join this DROP IN homework/study group. Students will have space to do their work & practice study skills. **Students are NOT required to attend every day. \*Students are encouraged to take responsibility for their work & behavior & are allowed to LEAVE once they have finished their work. The YMCA and HIMS DON'T require students to stay until 5:00pm\***

**Free - Mathlete Club** Mathlete Club will work w/students on challenging math problems and problem solving strategies. Students will be preparing for competitions such as MATHCOUNTS and the WA State Math Championship as well as doing fun math activities. Students w/a strong math background encouraged to join. **Mathlete meets from 3:30-4:30. Students may join Homework Club at 4:30, or leave campus pending parent permission.**

**\$75 - Beginning Drawing** This class will focus on learning the basics of drawing with charcoal, pencil and pastels. students will learn basic skills like shading, negative space, proportion, perspective and still life drawing. This class is for all skill levels w/the goal of getting more comfortable with drawing. Students will have the freedom to choose different themes to draw from!

**\$75 - Hamilton Fit Club** Students will increase strength, flexibility and team building skills through creative and fun activities. Students will participate in goal setting, age appropriate circuit training, obstacle courses and strength building games! Students of all backgrounds are welcome to join. **NO CONDITIONING EXPERIENCE REQUIRED**  
**\*12 PE waiver hours available through this class\***

**\$75 - Magic: The Gathering** Students will learn and play the trading card game Magic: The Gathering. Students at ALL levels are welcome!

**\$75 - Minecraft Club** Use the world-building game Minecraft to engage and educate! Students will collaborate and also work independently to design and create.

**\$75 - Photography Club** This class introduces students to the use of the camera and composition tips to create a great photograph. As students' progress, they are introduced to lighting techniques, photograph editing, color management & printing.

**\$75 - Sew and Stitch!** This class is designed to help students learn the basics of hand stitching and sewing on a machine. Students will have the opportunity to learn skills and create awesome handmade pieces!!

**\$75 - Yoga** HOST Yoga includes students of all abilities in an inclusive setting where students can increase fitness, wellbeing & overall quality of life.  
**\*12 PE waiver hours available through this class\***

## THURSDAY

**Free - Homework Club** Students will receive homework and organizational assistance from Hamilton staff and volunteers. Students will have the opportunity to utilize educational online resources when finished w/assigned homework.

**8<sup>th</sup> Grade Homework Club** 8<sup>th</sup> graders are invited to join this DROP IN homework/study group. Students will have space to do their work & practice study skills. **Students are NOT required to attend every day. \*Students are encouraged to take responsibility for their work and behavior & are allowed to LEAVE once they have finished their work. The YMCA and HIMS DON'T require students to stay until 5:00pm\***

**\$75 - Building a Community: Architectural Model Building** Get an introduction to architectural model making and make your own model to represent your designs. Working with real architects who shape and influence your city!

**\$75 - Debate Club** Does your child like to put up a good argument? This might be the place for them! Debate Club students will learn the art of "persuasion" while learning presentation skills and gaining confidence.

**\$75 - DIY Craft Club** Explore different types of activities that allow you to take a walk on the crafty side! Get your creativity on!!!

**\$75 - Hawk Girls Club** Students will focus on developing a healthy mind, body and spirit through fun recreational and group building activities (and sometimes ice cream)! **\*12 PE waiver hours available through this class\***

**\$75 - Martial Arts** In "Dragon Style Kung Fu" your student learns traditional Kung Fu forms developing strength and flexibility. Students sample Tae Kwon Do, Jujitsu & Aikido in fun and engaging lessons. Additionally, we focus on developing practical, age appropriate self-defense skills. **\*12 PE waiver hours available through this class\***

**\$75 - Yoga** HOST Yoga includes students of all abilities in an inclusive setting where students can increase their fitness, wellbeing & overall quality of life.  
**\*15 PE waiver hours available through this class\***

## FRIDAY (ASA BUSES DO NOT RUN THIS DAY)

**Free - Basketball (8<sup>th</sup> grader student have priority in this class)**

Come out and play with Coach Zach Hunter and develop better skills and scrimmage other players. **\*15 PE waiver hours available through this class\***

